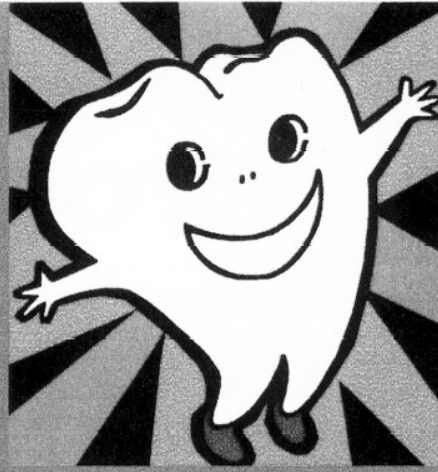


Post-op Instructions



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Post Operative Instructions (Extractions)

1. Do not rinse with anything (mouth wash, salt water, etc.) for the first twenty four hours following the extraction.
2. Remain biting on the gauze for the first thirty minutes following the extraction. Change out the gauze when you feel that you are no longer putting pressure on the site. If any excessive bleeding occurs, call our office.
3. No drinking out of straw, spitting or smoking for 24 hours.
4. Eating is allowable after the numbness goes away.
5. No excessive exercise for three days following the extraction.
6. An ice pack may be used to control swelling by using it 20 minutes on and 20 minutes off. Over the counter Ibuprofen may also be used to contain swelling up to 600 mg every four to six hours for the first three days.

What to expect following the extraction:

There will be pain, however the prescriptions you have been given for pain should manage the discomfort. Please take all prescriptions as directed. The third day following the extraction is usually the most uncomfortable, and incrementally gets better over time.

The site will heal slowly, for the first two weeks the area will look like a yellow or gray scab. This is normal, please don't pick or poke at the site. Any suture that was placed will dissolve on its own.

Please call if you develop any symptoms that concern you.